

Plan This Goal!

Brainstorm time! Name your goal and write what you *think* you need to **do and consider** in order to go get it. Be intentional. Say it *out loud* to start wiring your brain to believe and work towards this goal!

I will...
(be specific!)

What I know I don't know...
(Pieces that feel like obstacles)

Money, money, money...
(Associated costs - items and amounts if you know them)

Who I can reach out to:
(You don't always have to do it all yourself!)

Rough time line
(Outline milestone markers - when they will occur)

Goal map brainstorming.

- Jot down (point form) as much as you can about what you need to do to get your goal.
- Who can help? (Speak to companies, mentors, clients, friends, use your network!)
- How much do you *think* things will cost?
- How long will things take?

~ It's okay if you get some things wrong.
You need to start somewhere! Adjust later.

a little bit better